

Dr. Delimaris Ioannis Short CV 2023

Affiliation: Scientific Collaborator at the Center for Instruction, Research, and Technology (C.I.R.T.),
Metropolitan College, Athens, Greece.
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Kremou 65, Kallithea,176 76, Athens, Greece
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ORCID ID: <https://orcid.org/0000-0002-0880-0905>

ResearchGate: <https://www.researchgate.net/profile/Ioannis-Delimaris>

Google Scholar: <https://scholar.google.com/citations?user=up77zx8AAAAJ&hl=en>

Publicationslist : <http://publicationslist.org/dr.i.delimaris>

Linkedin: [https://www.linkedin.com/in/ioannis-delimaris-4ba8b0298?
original_referer=](https://www.linkedin.com/in/ioannis-delimaris-4ba8b0298?original_referer=)

Vimeo: <https://vimeo.com/user211682550>

Biography

General information (summary)

-Titles:

Post-Doc(Nutr),Dr.Med.Sc(ClinBiochem),MSc (ClinChem), BSc (BiolSc),PGCE

* **Biologist -Clinical Biochemist**, BSc Biology (NKUA), MSc Clinical Chemistry (NKUA),
Doctor of Medicine (NKUA)(Clinical Biochemistry), Greece

Title of PhD thesis: Oxidants and antioxidants in human plasma: laboratory and clinical
investigation (peripheral artery disease, breast cancer, ovarian cancer).

Title of MSc thesis: Determination of oxidant status in the serum of patients.

Title of BSc thesis: Effects of pulsed electric fields on DNA of human lymphocytes.

Title of PGCE thesis: The role of nutrition and exercise in adolescence

* **Postdoctoral Certificate** in Human Biology and Nutrition Education (4 years, 2008-
2012, University of Thessaly, Greece)

*** Biologist-Health Professional: The biologist in Greece belongs to the health professions (Official Journal of the Hellenic Republic, Issue One, Sheet No. 78, May 25, 2010, Presidential Decree No. 38, Appendix VIII, Legislatively regulated professions that have an impact on public health or safety, A. Health Professions, p. 1649).**

-Expertise:

Clinical Biochemistry, Human Biology, Nutrition Education, Primary Prevention, Health Education, Biology of Exercise, Oxidants and Antioxidants, Nutritional Biochemistry, Food Biochemistry, Nutritional Biology, Food Biology, Metabolic Biology.

-Research interests:

Human metabolism of endogenous biomolecules, food nutrients, botanicals, toxicants and drugs with emphasis on biology of disease (metabolic & nutritional biology/biochemistry, clinical biochemistry)

Investigating the biological effects of various agents (food additives or contaminants, diet, exercise etc.) in public health and human behavior

Health benefits of various food compounds

Computer-based learning (CBL) in higher education and novel technologies for continuing/professional/adult education in human biology, nutrition and public health-related issues

Applied educational research (didactics of biology, public health education, environmental education)

-Research experience:

"Demokritos" Research Center (Laboratory of DNA Repair), Medical School of Athens (Laboratory of Biological Chemistry and Clinical Biochemistry Laboratory at the Atticon Hospital), University of Thessaly (Unit of Biology in collaboration with the Laboratory of Developmental Psychology and Psychopathology of the Pedagogical Department of Pre-school Education University of Thessaly), Center for Instruction, Research, and Technology (C.I.R.T.), Metropolitan College, Athens, Greece (2023-).

- Postgraduate specialization in Clinical Biochemistry on the job [Hospitals and Medical School (5 years, 2003-2008)] :

Rhodes General Hospital, 401 General Military Hospital, Onassis Cardiac Surgery Center, Atticon Hospital, Laboratory of Biological Chemistry at Medical School of Athens.

-Teaching experience:

Adult Education: Vocational Training Institutes (IEK) for health professionals (Medical Laboratory Assistants, Dietetics Assistants), Ministry of Education, Greece.

Registered college educator (Registration No: 159/2013)| National Register of College Educators, Greece (Ministry of Education, Department for Private Colleges collaborating with foreign Universities).

Registered adult educator (according to the decision number: 1/ΠΣ38/03-11-2023) at the Training and Lifelong Learning Centre (TLLC) of the University of Western Macedonia, Greece for the following stated subject areas: "Food & Nutrition Sciences" and "Quantitative & qualitative research" (<https://kedivim.uowm.gr/>).

Registered adult educator, Member of the register for Adult Educators of the Account for employment and vocational training (LAEK), The Greek Manpower Organization (OAED), Greece [Referrer code: 51962, <http://laek.oaed.gr/>].

Registered adult educator (according to the Registration No: 478) at the Training and Lifelong Learning Centre (TLLC) of the Democritus University of Thrace (D.U.Th.) for the following stated subject areas: "Life Sciences" and "Health Sciences" (<https://kedivim.duth.gr/>).

Currently, I teach undergraduate students in Biology, Biochemistry and Clinical Chemistry-Clinical Biochemistry at private university tutoring centers (private tutoring in higher/university education).

-Licenses & certifications:

*Certificate of Training entitled: "Use of Software (SPSS and Excel) in Evaluation and Quality Assurance in Education", National and Kapodistrian University of Athens.

*Certificate of Competence in Clinical Chemistry-Clinical Biochemistry (written examinations), Greek Society of Clinical Chemistry-Clinical Biochemistry (GSCC-CB).

*Certificate of Membership by the Italian Nutritional Biologists' Association "A.B.N.I.", Padova, Italy.

*Certificate of Proficiency in English (ECPE) by the University of Michigan, Hellenic American Union Center for Examinations & Certifications: Athens, GR

*Computer Knowledge Certification (Basic Skills), INFOCERT: Athens, GR.

*European Certification of First Aid/CPR Support, Hellenic Red Cross: Athens, GR.

-Professional membership:

*Greek Society of Clinical Chemistry-Clinical Biochemistry (GSCC-CB), Athens, Greece.

*Certificate of Competence in Clinical Chemistry-Clinical Biochemistry (written examinations)

*Association of Clinical Laboratory Directors, Biomedical and Clinical Laboratory Scientists (ACLDBCLS), Lemesos, Cyprus.

*Italian Nutritional Biologists' Association (A.B.N.I.), Padova, Italy.

*Italian Association of Dietetics and Clinical Nutrition (ADI), Roma, Italy.

-Editor:

*Anatomy Physiology & Biochemistry International Journal (APBIJ), ISSN: 2476-1400, Juniper Publishers INC, USA

*Nutrition and Food Science International Journal (NFSIJ), ISSN: 2474-767X, Juniper Publishers INC, USA.

*American Journal of Food Sciences and Nutrition (AJFSN),ISSN 2789-3154, AJPO Journals USA LLC.

*Neos paidagogos, ISSN: 2241-6781, Greece

Activities

Employment (10)

Scientific Collaborator at the Center for Instruction, Research, and Technology (C.I.R.T.), Metropolitan College, Athens, Greece.
2023 - Present , Greece

Registered adult educator (Referrer code: 51962)
Account for employment and vocational training (LAEK), The Greek Manpower Organization (OAED)
2023 - Present , Greece

Registered adult educator (according to the Registration No: 478) at the Training and Lifelong Learning Centre (TLLC) of the Democritus University of Thrace (D.U.Th.) for the following stated subject areas: "Life Sciences" and "Health Sciences" (<https://kedivim.duth.gr/>).

Registered educator (according to the decision number: 1/ΠΣ38/03-11-2023) at the Training and Lifelong Learning Centre (TLLC) of the University of Western Macedonia for the following stated subject areas: "Food & Nutrition Sciences" and "Quantitative & qualitative research" (<https://kedivim.uowm.gr/>).
2023 - Present , Greece

Registered college educator (Registration No: 159/2013)
National College Educators' Register: Athens, GR
2013 to present (Ministry of Education, Religious Affairs and Sports)

Independent Scholar (Dr): Athens, GR
2019 to 2023 | Doctor of Medicine (Clinical Biochemistry) (Freelance Scientist)

Ministry of Education: Athens, GR
2010 to 2019 | Educator

Private Educational (Tutorial) Centres: Athens, GR
2009 to 2010 | Private Educator (part-time) (Certified by the Federation of Private Educators of Greece)

National Organisation for the Certification of Qualifications and Vocational Guidance:
Athens, GR
2006 to 2009 | Educator (part-time) [Medical Laboratory Assistants, Dietetic Assistants of
Vocational Training Institutes (IEK)]

Private Educational (Tutorial) Centres: Athens, GR
2003 to 2009 | Private Educator (part-time) (Certified by the Federation of Private
Educators of Greece)

Education and qualifications (17)

Hellenic American Union Center for Examinations & Certifications: Athens, GR
Certificate of Proficiency in English (ECPE) by the University of Michigan

Greek Society of Clinical Chemistry-Clinical Biochemistry (GSCC-CB): Athens, GR
Certificate of Competence in Clinical Chemistry-Clinical Biochemistry (written
examinations)

School of Pedagogical and Technological Education: Marousi, GR
2019 | Certificate of Pedagogical and Teaching Competence (PGCE equivalent, grade
Excellent, 9.6/10) (Annual Pedagogical Training Program (EPPAIK))

Hellenic Red Cross: Athens, GR
2014 | European Certification of First Aid/CPR Support

National and Kapodistrian University of Athens: Athens, Attiki, GR
2013 | Certificate of Training entitled: "Use of Software (SPSS and Excel) in Evaluation
and Quality Assurance in Education" (Center for Continuing Education and Training)

INFOCERT: Athens, GR
2013 | Computer Knowledge Certification (Basic Skills)

University of Thessaly: Volos, GR
2008 to 2012 | Postdoctoral Certificate in Human Biology and Nutrition Education (Biology
Unit, Department of Pre-school Education)

401 General Military Hospital of Athens: Athens, GR
2007-12 to 2008-05 | Army biologist (Clinical Biochemistry Laboratory)

National and Kapodistrian University of Athens: Athens, Attiki, GR
2008 | Doctor of Medicine (Dr. Med.Sc.) in Clinical Biochemistry (grade Excellent, 7/7)
(Medical School)

General Hospital of Rhodes: Rhodes, GR
2007-07 to 2007-12 | Army biologist (Clinical Biochemistry Laboratory)

401 General Military Hospital of Athens: Athens, GR
2007 | Diploma (Ptyhion) for attending special training courses in microbiological laboratory (written examinations)

Medical School: Athens, GR
2003 to 2007 | PhD Student /Research Analyst (full-time) of human serum (Department of Biological Chemistry)

University General Hospital Attikon: Athens, GR
2003-09 to 2005-08 | PhD Student /Research Analyst (part-time) (Laboratory of Clinical Biochemistry)

National and Kapodistrian University of Athens: Athens, Attiki, GR
2004 | MSc in Clinical Chemistry (Grade: Excellent, 9.03/10) (Chemistry)

Onassis Cardiac Surgery Center: Athens, GR
2003-07 to 2003-08 | MSc Student/Analyst (full-time) (Laboratory of Clinical Biochemistry)

National and Kapodistrian University of Athens: Athens, Attiki, GR
2002 | BSc in Biology (Biology)

National Centre of Scientific Research "Demokritos": Athens, GR
1999-09 to 2001-05 | BSc Student/ Research analyst (full-time) of human blood samples (Laboratory of "DNA Repair Mechanisms" of the Institute of Biology)

Professional activities (5)

Greek Society of Clinical Chemistry-Clinical Biochemistry (EEKX-KB): Athens, GR
Full Member (Greek National Clinical Chemistry Registration Commission)

Association of Clinical Laboratory Directors, Biomedical and Clinical Laboratory Scientists (ACLDBCLS), Lemesos, Cyprus. Full Member.

Ministry of Education: Athens, GR
2013 to present | National Register of College Professors (Registered No 159/2013)
(Department for Private Colleges collaborating with foreign Universities)

Italian Nutritional Biologists' Association (A.B.N.I.), Padova, Italy.

Italian Association of Dietetics and Clinical Nutrition (ADI), Roma, Italy.

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*** Publications in journals and conferences (total number 87, English and Greek)**

Current state of knowledge on the value of Information and Communication Technology in health education

I Delimaris

The Journal of School and University Medicine 8(2):14-18

2021

Curricula and Teaching Methodology in the Field of Health Education: What Do We Know so Far?

I Delimaris

Journal of Interdisciplinary Medicine 6(2):126-129

2021

Decrease in DNA damage through olive oil intake: a clinicobiological approach.

I Delimaris

Scientific Chronicles 26 (1), 115-123

2021

The value of health education in adolescents and adults: an educational approach

I Delimaris

e-Journal of Science & Technology 16 (2), 1-6

2021

DNA damage reduction through consumption of tomato: a clinicobiological review

I Delimaris

e-Journal of Science & Technology 16 (1), 23-31

2021

The role of physical exercise in DNA damage reduction: a clinicobiological approach

I Delimaris

Helliniki Iatriki 86 (1), 14-19

2021

DNA damage and smoking: a biological approach

I Delimaris

Rostrum of Asclepius 20 (2), 115-121

2021

DNA damage in atherosclerosis: a clinicobiological consideration

I Delimaris

Scientific Chronicles 25 (4), 702-709

2020

Clinicobiological perspective of the potential relationship between DNA damage and alcoholism

I Delimaris

Scientific Chronicles 25 (1), 148-153

2020

The role of nutrition and exercise in adolescence (PGCE Thesis, BOOK) | Ο ρόλος της διατροφής και της άσκησης στην εφηβεία

I Delimaris

[https://www.openbook.gr/o-rolos-tis-diatrofis-kai-tis-askisis-stin-efiviki ...](https://www.openbook.gr/o-rolos-tis-diatrofis-kai-tis-askisis-stin-efiviki...)

2019

Investigation of the clinicobiological features of the relationship between DNA damage and depression

I Delimaris

Scientific Chronicles 24 (4), 454-459

2019

DNA damage in obesity: a short review.

I Delimaris

e-Journal of Science & Technology 14 (5), 23-27

2019

Investigation of the undesirable medical and socio-behavioral effects of lack of sleep in adolescents

I Delimaris

Modern Research in Child Psychology (<https://bit.ly/3pWv4T2>), 121-125

2017

Investigation of the biological effects of binge drinking and / or continuous alcohol use in adolescents

I Delimaris

11th Symposium of General Medicine, January 26-29, Athens, Greece (Oral ...

2017

Investigating the beneficial biological effects of mild aerobic exercise on the quality of human sleep

I Delimaris

11th Symposium of General Medicine, January 26- 29, Athens, Greece (Oral ...

2017

Investigation of the adverse biomedical and sociobehavioral effects of lack of sleep in ado-

lescents

I Delimaris

“Research and Innovation in Child Psychology and Child Psychiatry ...

2017

Investigation of the beneficial biological effects of exercise in constipation | I Delimaris, A Samaras, G Pappas

I Delimaris

4th Congress of the Department of Physical Education and Sports Science at ...

2017

Investigation of the beneficial biological effects of exercise in hypertension | I Delimaris, A Samaras, G Pappas

I Delimaris

4th Congress of the Department of Physical Education and Sports Science at ...

2017

Investigation of the beneficial biological effects of exercise in peripheral arterial disease | I Delimaris, A Samaras, G Pappas

I Delimaris

4th Congress of the Department of Physical Education and Sports Science at ...

2017

Investigation of the potential beneficial biological effects of aerobic exercise on the reduction of hepatic fat in patients with chronic hepatitis C | I Delimaris, A Samaras

I Delimaris

5th Panhellenic Meeting “AIDS & Hepatitis” under the auspices of the Society ...

2017

Investigation of the relationship between physical activity and risk of colon cancer in humans

I Delimaris

19th Pan-Hellenic Congress of Oncology, November 3-5, 2017, Athens (e-poster)

2017

The Role of Legally Available “Ergogenic” Nutritional Supplements in Exercise Performance: A Biochemical and Physiological Approach

I Delimaris

Anatomy Physiology & Biochemistry International Journal 2 (1), 555576

2017

Development of an educational research software with advisory role in the clinico-biochemical evaluation of hyponatremia

I Delimaris, K Delimaris

e-Journal of Science & Technology 12 (3), 1-5

2017

Latest data on peripheral arterial disease: epidemiology, pathophysiology, diagnosis and potential biological markers

G Pappas, IA Delimaris

Scientific Chronicles 22 (2), 160-171

2017

Development of an educational research software with advisory role in the interpretation of calcium and phosphorus laboratory tests in human serum and/or urine

IA Δελημάρης, Κ Δελημάρης

e-Journal of Science & Technology

2015

Development of an educational research software for detection of clinically important drug-drug interactions

Κ Δελημάρης, ΙΑ Δελημάρης

e-Journal of Science & Technology 9 (1), 1-5

2015

Determination of the acidity of nutritional supplements in the secondary school science-laboratory

ΙΑ Δελημάρης

e-Journal of Science & Technology

2015

Potential dangers with overuse of antioxidant enzymes as nutritional supplements

ΙΑ Δελημάρης

e-Journal of Science & Technology

2015

Potential adverse biological effects of excessive exercise and overtraining among healthy individuals

I Delimaris

Acta Medica Martiniana 14 (3), 5-12

2014

Development of an educational research software with advisory role in the interpretation of calcium and phosphorus laboratory tests in human serum and/or urine

I Delimaris, K Delimaris

e-Journal of Science & Technology 9 (5), 161-165

2014

The importance of nutritional factors on human male fertility: A toxicological approach

I Delimaris, SM Piperakis
Journal of Translational Toxicology 1 (1), 52-59

2014

Investigating the potential adverse biological effects of excessive exercise / overtraining in humans

I Delimaris

10th Symposium of General Medicine, September 26-29, Athens, Greece (Oral ...

2014

Investigating the possible biological mechanisms involved in the relationship between insufficient sleep and overweight/ obesity in humans

I Delimaris

10th Symposium of General Medicine, September 26-29, Athens, Greece (Oral ...

2014

The contribution of secondary education teachers in the prevention and treatment of bullying: a review of targeted educational interventions

I Delimaris

2nd Conference on Mental Health in Primary Healthcare, December 18-20 ...

2014

Investigation of adverse biological effects of excessive exercise/overtraining in the human organism (BOOK CHAPTER)

I Delimaris

A. Abramidis, e-Clinical Endocrinology, on-line Free ([http://www ...](http://www...)

2014

Epidemiological and biological characteristics of the relationship between sleep duration and body weight in primary and secondary school students

I Delimaris

Neos Paidagogos 2, 75-82

2014

Development of an educational research software for detection of clinically important drug-drug interactions

K Delimaris, I Delimaris

e-Journal of Science & Technology 9 (1), 1-5

2014

Development of an educational research software with advisory role in the clinicobiochemical evaluation of amenorrhea

I Delimaris, K Delimaris

Progress in Health Sciences 4 (1), 83-87

2014

Biomedical and sociobehavioral factors associated with anorexia nervosa in adolescents
I Delimaris
Scientific Chronicles 19 (2), 118-131

2014

Measuring blood pressure as a laboratory exercise in the biology classroom: an interdisciplinary approach to health education.
IA Delimaris
e-Journal of Science & Technology 8 (5)

2013

Determination of the acidity of nutritional supplements in the secondary school science-laboratory: an interdisciplinary experimental approach for effective classroom discussions
IA Delimaris
e-Journal of Science & Technology 8 (3), 1-5

2013

Exercises in Biochemistry- Clinical Chemistry for students of Health Sciences (BOOK) *
ISBN 978-960-93-5298-7 | Ασκήσεις Βιοχημείας-Κλινικής Χημείας για φοιτητές επιστημών υγείας
I Delimaris
<https://www.openbook.gr/askiseis-viochimeias-klinikis-chimeias/>

2013

Genetics In Education (BOOK)* ISBN 978-960-93-4703-7 | Η Γενετική στην εκπαίδευση
I Delimaris
<https://www.openbook.gr/i-genetiki-stin-ekpaideysi/>

2013

Beneficial biological effects of physical activity during pregnancy
I Delimaris
2nd Congress of the Department of Physical Education and Sports Science at ...

2013

The role of sports biology in school health education: an interdisciplinary educational approach
I Delimaris
2nd Congress of the Department of Physical Education and Sports Science at ...

2013

Investigation of the neurobiological mechanisms underlying the beneficial effects of exercise on cognitive function
I Delimaris

2nd Congress of the Department of Physical Education and Sports Science at ...

2013

The contribution of exercise in reducing the risk of gallstone disease: a biochemical approach

I Delimaris

2nd Congress of the Department of Physical Education and Sports Science at ...

2013

The pedagogical dimension of nutrition education in childhood

I Delimaris

Conference under the auspices of the Centre for Research and Science ...

2013

Health risks associated with the overconsumption of antioxidant supplements: a biochemical approach

I Delimaris

9th Symposium of General Medicine, September 26-29 2013, Athens, Greece ...

2013

Adverse effects from chronic overconsumption of protein: a biochemical approach

I Delimaris

9th Symposium of General Medicine, September 26-29 2013, Athens, Greece ...

2013

New Aspects on the Role of Copper in Human Nutrition: a Toxicological Approach

I Delimaris, I Iakovidis

Scientific Chronicles / Επιστημονικά Χρονικά 18 (1), 7-12

2013

Adverse effects associated with protein intake above the recommended dietary allowance for adults

I Delimaris

International Scholarly Research Notices 2013

2013

Potential dangers with overuse of antioxidant enzymes as nutritional supplements: how much have we revealed?

IA Delimaris

e-Journal of Science & Technology 7 (4), 49-54

2012

Nutrition Education through the high school biology course: a methodological approach to teaching | I Delimaris, SM Piperakis

I Delimaris
Proceedings of the 1st National Conference on the Teaching of Biology in ...

2012

Exploring the relationship between the “eating at night” syndrome and depression: a biological approach

I Delimaris

4th Panhellenic Psychiatric Conference, 1-4 June 2012 (accepted for Oral ...

2012

Biological investigation of the relationship between emotional stress and levels of oxidative stress in adults: the role of nutritional intervention | K Delimaris, I Delimaris

I Delimaris

3rd Panhellenic Conference of Developmental Psychology, 17-20 May 2012 (Book ...

2012

Muscle dysmorphia as a disorder of body image and its relationship with compulsive exercise in male bodybuilders : a biological approach

I Delimaris

4th Panhellenic Psychiatric Conference, June 1-4 (accepted for Oral ...

2012

The contribution of the Internet for the training of biology teachers in nutrition | I Delimaris, SM Piperakis

I Delimaris

8th Panhellenic Congress of Bioscientists, October 18-20, Patras, Greece

2012

Development of a clinical biochemistry software with advisory role in the interpretation of calcium and phosphorus laboratory tests in serum and /or urine | I Delimaris, K ...

I Delimaris

8th Panhellenic Congress of Bioscientists, October 18-20, Patras, Greece

2012

Potential health benefits of the periodic vegetarianism in Greek Orthodox Christian diet: A brief overview

IA Delimaris

Scientific Chronicles 17, 79-82

2012

Multidisciplinary approach to genetic counseling for children: from Mendel to Psychology | I Delimaris, SM Piperakis

I Delimaris

13 th Conference of the Greek Psychological Society, 25-29 May 2011 Athens

2011

The sensitivity of serum lipids to oxidation ex vivo in patients with peripheral vascular disease: a clinical laboratory-based approach

I Delimaris

International Congress of Cardiovascular Medicine CARDIO ATHENA 2011, 8 and ...

2011

The breakdown and absorption of nutrients in humans: an approach to instructional practices based on the curriculum of the Biology syllabus for the High School

I Delimaris

Educational workshop on "Curriculum and Teaching Practices in the Modern ...

2011

The biology of exercise in secondary education: an interdisciplinary teaching approach on issues of exercise and nutrition

I Delimaris

"Research and Applications in Sports Science", Congress of the Department of ...

2011

The contribution of the Internet for the training of teachers in biology of exercise

I Delimaris

"Research and Applications in Sports Science", Congress of the Department of ...

2011

Food-drug interactions : a nutritional approach

I Delimaris

7th Symposium of General Medicine, 22-25 September 2011, Loutraki, Greece ...

2011

Herbal Medicinal Products-drugs interactions: a biochemical perspective

I Delimaris

7th Symposium of General Medicine, 22-25 September 2011, Loutraki, Greece ...

2011

Genetic Counselling in children with Martin-Bell syndrome: a multidisciplinary approach | I

Delimaris, M Zafiropoulou, SM Piperakis

I Delimaris

25th European Health Psychology Conference "Engaging with Other Health ...

2011

The role of nutrition in the prevention of LDL-oxidation: a short-review

I Delimaris

e-Journal of Science & Technology 6 (4), 7-74

2011

Copper and its complexes in medicine: a biochemical approach
I Iakovidis, I Delimaris, SM Piperakis
Molecular biology international 2011

2011

Genetic Counseling and Psycho-education: Interdisciplinary approach for the information and support to children and their relatives about genetic diseases | Delimaris et.al.
I Delimaris
3rd National Counseling Psychology Conference, 6-9 May 2010 Rethymnon

2010

Biological and psychological approach to problematic use of technology | N Kandri, I Delimaris, M Zafiropoulou
I Delimaris
3rd National Counseling Psychology Conference, 6-9 May 2010, Rethymnon

2010

Applications of e-learning on biology and nutrition: an educational approach
I Delimaris, K Delimaris
ΤΑ ΕΚΠΑΙΔΕΥΤΙΚΑ, 21-28

2010

Internet assisted training for biology teachers in human nutritional biology : an educational approach
I Delimaris
ΤΑ ΕΚΠΑΙΔΕΥΤΙΚΑ, 3-14

2010

A biological perspective of excessive Internet use in children and adolescents | I Delimaris, SM Piperakis
I Delimaris
1st National Conference of the Society for the Study of Addiction Disorder ...

2009

Serum oxidizability, total antioxidant status and albumin serum levels in patients with aneurysmal or arterial occlusive disease
I Delimaris, S Georgopoulos, C Kroupis, A Zachari, M Liberi, E Bastounis, ...
Clinical Biochemistry 41 (9), 706-711

2008

Leptin, soluble leptin receptor, adiponectin and resistin in relation to OGTT in overweight/obese postmenopausal women
G Hroussalas, E Kassi, M Dalamaga, I Delimaris, A Zachari, ...

Maturitas 59 (4), 339-349

2008

Οξειδωτικά και αντιοξειδωτικά πλάσματος-εργαστηριακή και κλινική διερεύνηση * Human plasma oxidants and antioxidants - laboratory and clinical investigation (Dr.Med.Sc.Thesis NKUA)

I Δελημάρης

National and Kapodistrian University of Athens; Εθνικό και Καποδιστριακό ...

2008

Oxidized LDL, serum oxidizability and serum lipid levels in patients with breast or ovarian cancer

I Delimaris, E Faviou, G Antonakos, E Stathopoulou, A Zachari, ...

Clinical biochemistry 40 (15), 1129-1134

2007

Changes in circulating levels of leptin and soluble leptin receptor during OGTT in overweight / obese postmenopausal women | Delimaris et.al.

I Delimaris

43rd Annual Meeting of the European Association for the Study of Diabetes ...

2007

Oxidized LDL, serum oxidizability and serum lipid levels in patients with breast or ovarian cancer | Delimaris et.al.

I Delimaris

European Atherosclerosis Society, 78 th Congress, Helsinki, 10-13 June 2007 ...

2007

Serum oxidizability in patients with peripheral arterial disease | Delimaris et.al.

I Delimaris

7th IFCC – FESCC European Congress of Clinical Chemistry and Laboratory ...

2007

Sensitivity of serum to oxidation in patients with peripheral arterial disease | Delimaris et.al.

I Delimaris

2nd National Conference of Medical Biochemistry, 19-22 April 2007, Athens ...

2007

Oxidative modified LDL and sensitivity of serum to oxidation in patients with breast or ovarian neoplasms | Delimaris et.al.

I Delimaris

2nd National Conference of Medical Biochemistry, 19-22 April 2007, Athens ...

2007

Impaired glucose metabolism and secretion of lipokines from adipose tissue | Delimaris et.al.

I Delimaris

34th National Congress of Endocrinology & Metabolism, 28-31 March 2007 ...

2007

Effects of pulsed electric fields on DNA of human lymphocytes

J Delimaris

Cell biology and toxicology, 22(6), 409-415 22 (6), 409-415

2006

Changes of oxidative-antioxidant status in the brain during blockade of blood flow through the carotid artery | Delimaris et.al.

I Delimaris

3rd Conference of Medical School University of Athens, 12-13 May 2006 ...

2006

Susceptibility to oxidation of serum lipids as an indicator of oxidative status | Delimaris et.al.

I Delimaris

4th Panhellenic Conference of Free radicals and Oxidative Stress, October ...

2004

Determination of oxidative status in serum | Delimaris et.al.

I Delimaris

1st Conference of Medical School at the University of Athens, June 2004 ...

2004