

MD. SHAHORIAR AHMED



Date of birth: 20 Aug 1990 | **Nationality:** Bangladeshi | **Gender:** Male

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Work Address: Centre for the Rehabilitation of the Paralysed (CRP), Chapain, Savar, Dhaka-1343, Bangladesh

Home Address: 58/2, Surjovilla, Dagormora, Savar, Dhaka-1343, Bangladesh

About me: I am a professional physiotherapist with 5 years' experience in the field of research, clinical expertise and in administration sector. I have more than 12 research article publications in the field of physiotherapy and public health.

STUDIES APPLIED FOR Master of Physical Activity and Health

WORK EXPERIENCE

16 FEB 2021 – CURRENT – Dhaka, Bangladesh [<https://www.crp-bangladesh.org>]

CLINICAL PHYSIOTHERAPIST – CENTRE FOR THE REHABILITATION OF THE PARALYSED (CRP)

Main responsibility was to participate in assessment, diagnosis, treatment and rehabilitation of the patients attending the facility. Documentation of treatment and progress notes to find out the effectiveness of the treatment. Providing quality services to patients with musculoskeletal impairments (sports, tennis elbow, LBP, PLID, PCID etc).

11 NOV 2017 – 15 FEB 2021 – Dhaka, Bangladesh [<http://www.bpa-bd.org>]

EXECUTIVE OFFICER-PHYSIOTHERAPIST – BANGLADESH PHYSIOTHERAPY ASSOCIATION (BPA)

I was responsible to prepare, manage and review the provision of high level communications and correspondence including BPA membership update, briefings about BPA activities and look after financial audit, certificate preparation, making yearly strategic plan and budget. I was act as an Editorial Associate of BPJ and responsible to ensure quality Research published in Bangladesh Physiotherapy Journal (BPJ). Provide issues management and support, responding to emerging issues to ensure effective resolution with minimal risk to the organization. Promoted as Project Coordinator (PC) for 4 months from 1st September 2018 to 31st December 2018 in the project named Towards the Global Health, A collaborative Project between BPA and Handicap International (HI).

1 Dec 2015 – 9 SEP 2017 – Dhaka, Bangladesh [<https://www.crp-bangladesh.org>]

PHYSIOTHERAPIST – CENTRE FOR THE REHABILITATION OF THE PARALYSED (CRP)

Main responsibilities in this collaborative research project between CRP and University of Sydney was screening the Spinal cord injury patients according to the inclusion criteria and assess the patients in timely manner. Responsible for collecting data by doing patients home visit from different districts in Bangladesh. Everyday scheduled phone call follow-up and gathered information from the patients and write the progress note.

1 Jan 2015 – 30 NOV 2015 – Dhaka, Bangladesh [<https://belahef.org>]

CLINICAL PHYSIOTHERAPIST – Bela Specialized Therapy and Rehabilitation Centre (BSTRC)

Main responsibilities were patient assessment, diagnosis and provision of treatment according to the assessment findings. Conduct awareness building program about CP and autism children. Participate every meeting held by organization.

1 Jan 2014 – 31 DEC 2014 – Dhaka, Bangladesh [<https://www.crp-bangladesh.org>]

INTERN PHYSIOTHERAPIST – CENTRE FOR THE REHABILITATION OF THE PARALYSED (CRP)

Main responsibilities were patient assessment, diagnosis and provision of treatment according to the assessment findings. Conduct awareness building program about CP and autism children. Participate every meeting held by organization.

PART TIME VOLUNTEER WORK EXPERIENCE

July 2015 - June 2017 – Savar, Dhaka, Bangladesh [<http://www.bpa-bd.org>]

HONORARY EXECUTIVE OFFICER – BANGLADESH PHYSIOTHERAPY ASSOCIATION (BPA)

EDUCATION

15 FEB 2015 – 5 NOV 2016 – Shyamoli, Mohammadpur, Dhaka-1207, Bangladesh
MASTER OF PUBLIC HEALTH – ASA University Bangladesh [<http://asaub.edu.bd/index.php>]
Result: 3.62 out of 4

12 FEB 2008 – 15 DEC 2013 – CRP, Chapain, Savar, Dhaka,, Bangladesh
BACHELOR OF SCIENCE IN PHYSIOTHERAPY – University of Dhaka [<https://www.du.ac.bd/>]
Result: Passed

1 APR 2014 – 30 SEP 2014 – Savar, Dhaka, Dhaka, Bangladesh
DIPLOMA IN COMPUTER GRAPHICS DESIGN – National Institute of Technology, Bangladesh [<https://nitbd.org/>]

2006 – 2007 – Khulna, Bangladesh
HIGHER SECONDARY CERTIFICATE EXAMINATION, 2007 – Abdul Wadud Shah College
Field(s) of study: Science, Result: 3.90 out of 5.00

2004 – 9 JUL 2005 – Khulna, Bangladesh
SECONDARY SCHOOL CERTIFICATE EXAMINATION – Damurhuda Pilot High School
Field(s) of study: Science, result: 3.75 out of 5

LANGUAGE SKILLS

Mother tongue(s): BANGLA

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	B2	B2	B2	B2	B2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

PROFESSIONAL REGISTRATION

My professional membership registration number: 633, Updated Upto December 2022. Bangladesh Physiotherapy Association is member organization of World Physiotherapy (WPT). [<https://www.bpa-bd.org/>]

TRAINING & CONFERENCE

13 FEB 2020- 13 FEB 2020 – CRP, Chapain, Savar, Dhaka, Dhaka, Bangladesh
CARRIER GUIDENCE FOR PHYSIOTHERAPY PROFESSIONALS– Bangladesh Physiotherapy Association (BPA) [<https://www.bpa-bd.org/>]

28 FEB 2020 – 28 FEB 2020 – CRP, Chapain, Savar, Dhaka, Dhaka, Bangladesh
PAIN NEUROSCIENCE-IMPLEMENTATION IN CLINICAL SCIENCE – Bangladesh Physiotherapy Association (BPA) [<https://www.bpa-bd.org/>]

5 JUL 2019 – 6 JUL 2019 – CRP, Chapain, Savar, Dhaka, Dhaka, Bangladesh
OSTEOPATHIC MANIPULATION MEDICINE – Bangladesh Physiotherapy Association (BPA) [<https://www.bpa-bd.org/>]

1 JAN 2018 – 30 APR 2018 – Savar, Dhaka, Bangladesh
DATA ANALYSIS USING SPSS – Jahangirnagar University [<https://www.juniv.edu/>]

18 OCT 2018 – 19 OCT 2018 – CRP, Chapain, Savar, Dhaka, Bangladesh

LEADERSHIP AND MANAGEMENT SKILLS FOR REHABILITATION PROFESSIONALS – Bangladesh Physiotherapy Association

1 NOV 2018 – 1 NOV 2018 – Savar, Dhaka, Bangladesh

COMPREHENSIVE SPINAL PAIN MANAGEMENT (Cervical Spine)– Bangladesh Physiotherapy Association (BPA) [<https://www.bpa-bd.org/>]

11 JUL 2008 – 11 JUL 2008 – CRP, Chapain, Savar, Dhaka, Bangladesh

PHYSIOTHERAPY PRACTICE: AUSTRALIAN PERSPECTIVE – PhysioBD Health Informatics

14 OCT 2011 – 14 OCT 2011 – CRP, Chapain, Savar, Dhaka, Bangladesh

4TH NATIONAL PHYSIOTHERAPY CONGRESS-"PHYSIOTHERAPY: MEDICINE FOR TODAY AND TOMORROW" – Bangladesh Physiotherapy Association (BPA) [<https://www.bpa-bd.org/>]

20 NOV 2008 – 20 NOV 2008 – CRP, Chapain, Savar, Dhaka, Bangladesh [<https://www.bpa-bd.org/>]

3RD NATIONAL PHYSIOTHERAPY CONGRESS AND SCIENTIFIC SEMINAR on “Early physiotherapy management and prevention of Disability – Bangladesh Physiotherapy Association (BPA) [<https://www.bpa-bd.org/>]

2 MAR 2008 – 2 APR 2008 – CRP, Chapain, Savar, Dhaka, Bangladesh

ENGLISH FOUNDATION COURSE – Bangladesh Health Professions Institute (BHPI) [<https://www.bhpi.edu.bd/>]

7 NOV 2014 – 8 NOV 2014 – CRP, Chapain, Savar, Dhaka, Bangladesh

PNF: PHILOSOPHY & TECHNIQUES IN THE TREATMENT AND MANAGEMENT OF NEUROMUSCULAR DYSFUNCTIONS – Physiovision foundation in collaboration with Bangladesh Physiotherapy Association (BPA)

1 APR 2014 – 31 DEC 2014 – CRP, Chapain, Savar, Dhaka, Bangladesh

INTERNSHIP CERTIFICATE – Bangladesh Health Professions Institute (BHPI) [<https://www.bhpi.edu.bd/>]

2008 – 2013 – CRP, Chapain, Savar, Dhaka, Bangladesh

TESTIMONIAL – Bangladesh Health Professions Institute (BHPI) [<https://www.bhpi.edu.bd/>]

2 March 2008 – 2 APRIL 2008 – CRP, Chapain, Savar, Dhaka, Bangladesh

English foundation Course – Bangladesh Health Professions Institute (BHPI) [<https://www.bhpi.edu.bd/>]

12 AUG 2017 – 14 DEC 2017 – CRP, Chapain, Savar, Dhaka, Bangladesh

English for IELTS – BRITISH COUNCIL

22 DEC 2017 – 23 DEC 2017 – CRP, Chapain, Savar, Dhaka, Bangladesh

1ST INTERNATIONAL CONFERENCE FOR REHABILITATION PROFESSIONALS 2017 ON “Comprehensive rehabilitation services for achieving a milestone of the sustainable development goals – Bangladesh Physiotherapy Association (BPA) [<https://www.bpa-bd.org/>]

23 March 2016 – 25 March 2016 – CRP, Chapain, Savar, Dhaka, Bangladesh

Comprehensive management of spasticity with Botulinum toxin and physiotherapy – East Kent Hospitals University

17 July 2012 – 17 July 2012 – CRP, Chapain, Savar, Dhaka, Bangladesh

Interprofessional workshop on Disability, Maternal and Child health – Centre for the Rehabilitation of the Paralysed (CRP)

19 Dec 2016 – 19 Dec 2016 – CRP, Chapain, Savar, Dhaka, Bangladesh

Evidence based Practice in Physiotherapy – Bangladesh Physiotherapy Association (BPA) [<https://www.bpa-bd.org/>]

PUBLICATIONS

Expulsion from the Motherland: Association between Depression & Health-Related Quality of Life for Ethnic Rohingya Living with Refugee Status in Bangladesh

<https://pubmed.ncbi.nlm.nih.gov/32508969/> – 2020

Hossain KA, Walton LM, Arafat SY, Maybee N, Sarker RH, Ahmed S, Kabir F. Expulsion from the Motherland: Association between Depression & Health-Related Quality of Life for Ethnic Rohingya Living with Refugee Status in Bangladesh. *Clinical Practice and Epidemiology in Mental Health: CP & EMH*. 2020;16:46.

Demography, Diagnosis and Complications of Spinal Cord Injury Patients in a Rehabilitation Center of Bangladesh.

<https://www.hilarispublisher.com/open-access/demography-diagnosis-and-complications-of-spinal-cord-injury-patients-in-a-rehabilitation-center-of-bangladesh-2376-0281-1000244.pdf> – 2017

Quadir M, Sen K, Sultana M, Ahmed M, Taoheed F, Andalib A et al. Demography, Diagnosis and Complications of Spinal Cord Injury Patients in a Rehabilitation Center of Bangladesh. *International Journal of Neurorehabilitation*. 2017;04(01). doi: 10.4172/2376-0281.1000244

Health Problems and Health Care Seeking Behaviour of Rohingya Refugees

<https://jmronline.com/jmri/article/view/27> – 2017

Masud A, Ahmed M, Sultana M, Alam S, Kabir R, Arafat S et al. Health Problems and Health Care Seeking Behaviour of Rohingya Refugees. *Journal of Medical Research and Innovation*. 2017;1(1):21-29. doi: 10.15419/jmri.27

Epidemiology of Spinal Cord Injury in Bangladesh: A Five Year Observation from a Rehabilitation Center

<https://www.hilarispublisher.com/abstract/epidemiology-of-spinal-cord-injury-in-bangladesh-a-five-year-observation-from-a-rehabilitation-center-37038.html> – 2017

Rahman A, Ahmed S, Sultana R, Taoheed F, Andalib A, Yasir Arafat S. Epidemiology of Spinal Cord Injury in Bangladesh: A Five Year Observation from a Rehabilitation Center. *Journal of Spine*. 2017;06(02). doi: 10.4172/2165-7939.1000367

Depression in Spinal Cord Injury Patients: a Cross-sectional Observation with PHQ-9 in a Rehabilitation Center of Bangladesh

<https://www.bibliomed.org/?mno=275087> – 2017

Arafat S, Ahmed S, Ahmed F, Zaman S, Andalib A. Depression in Spinal Cord Injury Patients: a Cross-sectional Observation with PHQ-9 in a Rehabilitation Center of Bangladesh. *Journal of Behavioral Health*. 2017;:1. doi: 10.5455/jbh.20171004071405

Demographic Profile of Spinal Cord Injury Patients Admitted in a Rehabilitation Centre: An Observational Study from Bangladesh

<https://jmronline.com/jmri/article/view/111> – 2018

Rahman Z, Alam S, Goni M, Ahmed F, Tawhid A, Ahmed M. Demographic Profile of Spinal Cord Injury Patients Admitted in a Rehabilitation Centre: An Observational Study from Bangladesh. *Journal of Medical Research and Innovation*. 2018;:e000111. doi: 10.15419/jmri.111

Depression Literacy Status in Bangladesh: A Cross-Sectional Comparative Observation. Journal of Behavioral Health

<https://www.bibliomed.org/?mno=279905> – 2018

Arafat S, Ahmed S, Uddin M. Depression Literacy Status in Bangladesh: A Cross-Sectional Comparative Observation. *Journal of Behavioral Health*. 2018;:1. doi: 10.5455/jbh.20171004090621

Consequences and Outcome of Spinal Cord injury Occurred by Bull Attack: A 10 Years Observation from Bangladesh

<https://www.hilarispublisher.com/open-access/consequences-and-outcome-of-spinal-cord-injury-occurred-by-bull-attack-a-10-years-observation-from-bangladesh-2165-7939-1000419.pdf> – 2018

MS A. Consequences and Outcome of Spinal Cord injury Occurred by Bull Attack: A 10 Years Observation from Bangladesh. *Journal of Spine*. 2018;07(04). doi: 10.4172/2165-7939.1000419

Effectiveness of Gait Training Supported by Overhead Harness in Patients with Spinal Cord Injury (SCI) at Rehabilitation Centre in Bangladesh

<https://www.hilarispublisher.com/open-access/effectiveness-of-gait-training-supported-by-overhead-harness-in-patients-with-spinal-cord-injury-sci-at-rehabilitation-centre-in-b-2376-0281-1000332.pdf> – 2018

Hossain M, Hossain K, Hossain M, Rahaman I, Taoheed F, Hoque K et al. Effectiveness of Gait Training Supported by Overhead Harness

in Patients with Spinal Cord Injury (SCI) at Rehabilitation Centre in Bangladesh. International Journal of Neurorehabilitation. 2018;05(05). doi: 10.4172/2376-0281.1000332

ORGANIZATIONAL/ MANAGERIAL SKILLS:

Part Time Lecturer: Dhaka college of Physiotherapy And Rehabilitation & [<https://belahef.org/>]

Manager: I did more than 30 CPE course arranged by Bangladesh Physiotherapy Association (BPA).

Editorial Associate: Bangladesh Physiotherapy Journal [<http://bpa-bd.org/bpj/>]

Organizer: I was responsible for organize of 1st International Rehabilitation Conference held in December 2017 in Bangladesh.

DIGITAL SKILLS

Word processing and presentation: Microsoft Word | Power Point | Microsoft Office

Database and Spreadsheet: SPSS Statistical Tool | Microsoft Excel

Social media and others: Google Docs | Google Drive | Zoom | Outlook | Skype | LinkedIn

VOLUNTEER:

Honorary Executive Officer in Bangladesh Physiotherapy Association (BPA) from 1st July 2015 to 1st June 2017 (7.8 hours per week). A total 500 hours of Volunteer service for Bangladesh Physiotherapy Association (BPA).

RESEARCH INTEREST:

LinkedIn: <https://www.linkedin.com/in/md-shahoriar-ahmed-554b42129/>

Research gate: https://www.researchgate.net/profile/Md_Ahmed53

ORCID ID: <https://orcid.org/0000-0002-8295-7580>

REFERENCES:

Academic Referee:

Professor Md. Obaidul Haque
Vice Principal
Bangladesh Health Professions
Institute (BHPI)
Executive Member
Bangladesh Physiotherapy Association
(BPA)
Cellular: +880 1730059640
Email: info@bpa-bd.org

Clinical Referee:

Mohammad Anwar Hossain
Senior Clinical Physiotherapist
Head Physiotherapy Department
Centre for the rehabilitation of the paralysed
(CRP)
Cellular: 01730059633
Email: anwar_physiobd@yahoo.com

Professional Referee:

Md. Zahid Hossain
Lecturer, Jessore University of Science
and Technology (JUST)
Treasurer, Bangladesh Physiotherapy
Association (BPA)
Cellular: 01670962775
Email: physiozahid@gmail.com
